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When Friendship Hurts: How to Deal with Friends Who Betray, Abandon, or Wound You

By Jan Yager

Brilliance Corporation, United States, 2012. CD-Audio. Book Condition: New. Unabridged. 170 x 137 mm. Language: English . Brand New. We've all had friendships that have gone bad. Whether it takes the form of a simple yet inexplicable estrangement or a devastating betrayal, a failed friendship can make your life miserable, threaten your success at work or school, and even undermine your romantic relationships. Finally there is help. In *When Friendship Hurts*, Jan Yager, recognized internationally as a leading expert on friendship, explores what causes friendships to falter and explains how to mend them or end them. In this straightforward, illuminating book filled with dozens of quizzes and real-life examples, Yager covers all the bases, including: The twenty-one types of negative friends a rogues gallery featuring such familiar types as the Blood-sucker, the Fault-finder, the Promise Breaker, and the Copycat How to recognize destructive friends as well as how to find ideal ones The e-mail effect how electronic communication has changed friendships for both the better and the worse The misuse of friendship at work how to deal with a co-worker's lies, deceit, or attempts at revenge How to stop obsessing about a failed friendship And much more The...



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