



The Science of Hitting (Paperback)

By Tony Williams, V. Underwood

Prentice Hall (a Pearson Education Company), United Kingdom, 1986. Paperback. Book Condition: New. Revised ed.. 231 x 185 mm. Language: English . Brand New Book. Now fully revised with new illustrations and diagrams, the classic and still the greatest book on hitting from the last baseball player to break the magic .400 barrier, Ted Williams. Ted Williams was arguably the greatest pure hitter who ever lived. A lifelong student of hitting, he sought advice from every great hitter and pitcher he met. Drawing on that advice, as well as his own legendary life in baseball, Williams produced the all-time batting classic, The Science of Hitting. Using its detailed illustrations, anecdotes, and concise coaching, players of all skill levels will learn how to improve their fundamentals and gain keen insights into the finer points of hitting, including: -How to Think Like a Pitcher and Guess the Pitch -The Three Cardinal Rules for Developing a Smooth Line-Driving Swing -The Secrets of Hip and Wrist Action -Pitch Selection -Bunting -Hitting the Opposite Way The Science of Hitting is a must-read for all baseball players looking to improve their turn at bat and for all coaches and parents teaching the sport.



READ ONLINE
[2.51 MB]

Reviews

Absolutely among the finest publication I actually have actually go through. It really is rally fascinating throgh reading time. I am easily could possibly get a pleasure of looking at a composed ebook.

-- **Prof. Rick Romaguera**

This book is very gripping and exciting. I was able to comprehended everything out of this written e publication. You will not truly feel monotony at at any time of your respective time (that's what catalogs are for concerning should you question me).

-- **Eulalia Schamberger**

Relevant PDFs



[The Adventures of a Plastic Bottle: A Story about Recycling \(Paperback\)](#)

SIMON SCHUSTER, United States, 2009. Paperback. Book Condition: New. Children s Tk, Pete Whitehead (illustrator). Original ed.. 203 x 196 mm. Language: English . Brand New Book. Learn about recycling from a new perspective! Peek into this diary of a plastic bottle...



[Three Simple Rules for Christian Living: Study Book \(Paperback\)](#)

Abingdon Press, United States, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. Three Simple Rules for Christian Living by Jeanne Torrence Finley and Rueben P. Job This small-group study by Jeanne Torrence Finley is based...



[Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities \(Paperback\)](#)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



[Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home \(Paperback\)](#)

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000, Homeschool Your Child for Free gave countless...



[California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package](#)

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...



[Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package](#)

Pearson, United States, 2015. Book. Book Condition: New. 10th. 250 x 189 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for...